

## PREPARATION FOR DEFINITIVE PROMISE *SPIRITUAL CANTICLE*

Prayer through the intercession of St John of the Cross before beginning each section:

*“Awaken and enlighten us, my Lord, that we might know and love the blessings which You ever propose to us, and that we might understand that You have moved to bestow favors on us and have remembered us.” (LF 4:3)*

December	Read Forward & General Introduction in <i>Collected Works of St John of the Cross</i> , Kavanaugh (pgs 7-43) Carmelite Studies IV - Michael Dodd, OCD; <i>John of the Cross: The Person, His Times, His Writings</i> (answers will be found in the assigned readings) Psalm 111
January	Meditate on the <i>Spiritual Canticle</i> - the poem itself Carmelite Studies IV - Daniel Chowning, OCD: <i>Freedom to Love: Negation in the Doctrine of John of the Cross</i> Psalm 57
February	<i>Spiritual Canticle</i> - intro, prologue & stanza 1-3 w commentaries Psalm 16
March	Stanzas 4-7 & commentary Psalm 19
April	Stanzas 8-13 Psalm 42
June	Stanzas 14-19 Psalm 63
July	Stanzas 20-23 Psalm 139
August	Stanzas 24-29 Psalm 34
September	Stanzas 30-35 Psalm 84
October	Stanzas 36-40 Psalm 116
November	Recap/reflect Psalm 145

You will need the following:

- *Collected Works of St John of the Cross*, Kavanaugh, OCD and Otilio Rodriguez, OCD, ICS Publications
  1. *Spiritual Canticle* pages 469 - 630
- Carmelite Studies IV (copies provided)
  1. Michael Dodd, OCD; *John of the Cross: The Person, His Times, His Writings*
  2. Daniel Chowning, OCD: *Freedom to Love: Negation in the Doctrine of John of the Cross*
- all Psalms are taken from the Liturgy of the Hours