

ASPIRANT PROGRAM

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| December | Welcome to Carmel Liturgy of the Hours | pg 1-16 |
| January | Rule of St. Albert OCDS Constitutions/Statutes | Red Book |
| February | Lectio Divina and the Practice of Teresian Prayer | |
| March | Devotion to the Church: The Discalced Carmelite's Mission The Teresian Charism | |
| April | St Teresa and the Vocation to a Life of Prayer Secularity and the Lay Carmelite | |
| May | Community Day | |
| June | Theology of the Promise Beatitudes/Evangelical Councils | |
| July | The Christian Decision Making Process Spiritual Preparation for Being Received into the Order | |
| August | Aspirants Knock, Seek, and Ask Questions Opposition – How Do You Cope? | |
| September | Testing & Discernment a Vocation to the Secular Order (Fr. Deeney) | pg 9-21 |
| October | A New Vision - Apostolate of Our Charism (Fr Deeney) The Holy Spirit - Lord and Giver of Life (Fr Deeney) | pg 38-47 pg 48-57 |
| November | Scapular of Our Lady of Mt Carmel Our Lady & the Saints of Carmel | booklet |

*Prior to the first session aspirants should read the "General Instructions" of the Liturgy of the Hours.

**Unless otherwise noted, material can be found in *Welcome to Carmel*, and can be found online.